





# **Sparring Seminar** MARCELO BORDIEZ

# World Champion 2007





Kids, Juniors & Adults of all grades Sunday 22nd October 2017 / 12,30-17 hs Sportcity (multi sports hall) Avenue Salomé 2, 1150 Woluwe Saint-Pierre - Brussels - Belgium

This event is organized by ITF Brussels asbl, member of ITF-VL

Dear Masters, Instructors, Taekwon-Do practitioners,

It is with great pleasure that we invite you to the second Sparring Seminar in Europe with Mr Marcelo Bordiez, VI Degree. The seminar will take place in Woluwe Saint-Pierre (Brussels region), Belgium, on Sunday 22nd October 2017.

Mr Marcelo Bordiez has extensive experience, both as a competitor and as a coach. Specialized in sparring, as a competitor Mr Bordiez has been member of the Argentinean team eight times, and these are some of his major achievements:

- Team sparring ITF World Champion (2007)
- 3 times ITF Pan-American Champion (1998, 2004, 2008)
- Many times World Medallist

Many students of Mr Bordiez have obtained outstanding results at national and international championships including World Cups and World Championships.

He is coming to Belgium after the World Championship with his daugther Aldana, who is member of the Argentinean junior team.

The seminar will have three parts:

- I Session: kids (as of 10 years), juniors and adults of all grades
- Il Session: juniors and adults of all grades
- Questions and Answers

and will be based on conditioning exercises, drills and the ITF sparring system in general.

Do not miss this unique opportunity to train with a World Champion and take part of a training with South American taste!

Yours in Taekwon-Do,

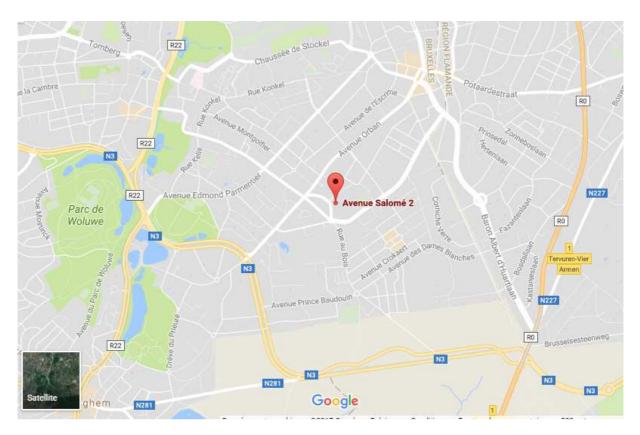
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# **Seminar Details**

# Venue

Sportcity, located at Avenue Salomé 2, 1150 Woluwe Saint-Pierre (Brussels region), Belgium, which is easily reachable by car from the higway, by public transport, has free parking area and a cafeteria.

http://www.sportcity-woluwe.be/



# Program

12:00 - 12:30 Registration

#### I Session

12:30 – 14:00 Seminar for kids (as of 10 years), juniors and adults of all grades All participants must have sparring equipment and it is advisable to bring training pads

14:00 – 14:15 Photo session 14:15 – 14:30 Break

#### **II Session**

14:30 – 16:30 Seminar for juniors and adults of all grades All participants must have sparring equipment and it is advisable to bring training pads

16:30 – 16:45 Questions and Answers End of seminar

## **Registration, Contact, Fees and Insurance**

The seminar is for kids (as of 10 years), juniors and adults of all grades and ages.

For administrative reasons we cannot accept individual applications from students. Registration and payment must be done through your instructor only, or as a group to the following address:

ITF Brussels: itfbrussels@gmail.com Payments must be made in advance by bank transfer to the ITF Brussels a.s.b.l. account:

Bank: BNP Paribas Fortis IBAN: BE71001676807169 BIC: GEBABEBB

Please mention in the subject the name of your school/organization. Your instructor or the responsible person for the group will receive confirmation by email when the seminar fees are received in the ITF Brussels account.

#### Fees:

Juniors (as of 14 years) and adults: 25 €

• Kids (10 – 13 years): 10 €

Participants must be in possesion of valid sport insurance.

### Accommodation

The organizers are not responsible for any accommodation bookings. If you would like to stay in Brussels you can find hotels and hostels not far from the sport hall, which is easily reachable by tram, metro, bus or car.