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|  |  | Afbeelding met illustratie  Beschrijving is gegenereerd met zeer hoge betrouwbaarheid |

INVITATION

28th Belgian Championships

ITF-Belgium

# For Kids (3-7), Youth (8-13), Juniors (14-17), Seniors (18-34) & Veterans (+35)

# An organization of Hodori in cooperation with ITF-Belgium & ITF-Vlaanderen vzw, TUC Belgium

Sunday, February 25th 2018

Gemeentelijk Sportcentrum

« De Fabriek »

Fabrieksstraat 19

9520 Sint-Lievens-Houtem

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| **Organizer:****Taekwon-Do Club Hodori**stefan@taekwondohoutem.be | **ITF-B Tournament & Umpire Committee (TUC)**eddyvandamme53@gmail.comandtkditfbcat@outlook.fr**Inscriptions + umpires click** [**Sportsdata link**](https://www.sportdata.org/taekwondo_itf/set-online/veranstaltung_info_main.php?active_menu=calendar&vernr=95#a_eventhead) |
| * Weigh-in & registration:
 | 8.30h-9.30h |
| * Coach & Umpire meeting:
 | 9.30h |
| * Start:
 | 10h |
| * **Inscription fee competitors:**
 | 20 € for 2 or more disciplines15 € for 1 discipline |
| * **Spectators**
 | 5 € |

All inscription fees should be transferred before February 20th 2018 on the account of the Umpire- and Tournament Committee:

BE27 0017 1311 4673

Please don’t forget to include the name of your school

and “Belgian Championships 2018”.

Closing date for all inscriptions:

February 20th 2018

Important remarks

* Inscriptions after the deadline will not be possible (because of the use of Sportsdata)!
* Competitors, coaches and umpires have to be member of ITF-Belgium & have paid their annual contribution and insurance. The instructors will be responsible for the membership and insurance of their participants.
* For all changes in the categories at the day of the competition, a 15 € fine will be charged in cash per change if technically possible!
* The organization will provide medals for the winners (1st, 2nd and two 3rd places)

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| Referees |

All referees have to wear the dress requirements, as laid down in the ITF umpire rules.

The ITF-system will be used (KO-system).

HARD CONTACT WILL NOT BE ALLOWED.

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| **Every school has to bring at least:** |
| * 1 – 20 competitors:
 | 2 fulltime referees |
| * 21 competitors:
 | 3 fulltime referees |
| * 31 competitors:
 | 4 fulltime referees |
| * 41 or more competitors:
 | 5 fulltime referees |
| **50 € penalty per missing umpire** |
| Lunch and drinks will be provided for all referees.  |

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| Rules |

All participants have to wear an official ITF dobok; semi-contact feet- and hand protections (covering fingers), groin guard (for males), head gear and mouth guard obliged; shin protections are allowed; only ITF approved safety equipment will be allowed (no boxing gloves, no open gloves).

In case of protest, the ITF rules will be followed (the coach can fill in a protest form within 5 minutes and give it to the head referee, with 50 € in cash).

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| Categories |

TUL:

Separate classes for youth (6-13), juniors (14-17) & seniors/veterans (18 and above).

The ITF-system will be used (KO-system).

League-system if there are 3 competitors/category if technically possible

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| Coloured belts | Participants will perform 1 optional tul (KO-system). |
| 10°-9°kup | Sayu chirugi *→* Chon-ji |
| 8°-7°kup | Chon-ji *→* Do-san |
| 6°-5°kup | Chon-ji *→* Yul-gok |
| 4°-3°kup | Chon-ji *→* Toi-gye |
| 2°-1°kup | Chon-ji *→* Choong-moo |
| Black belts | Participants have to perform 2 designated tuls according to the ITF competition rules |
| I°degree | Chon-ji *→* Ge-Baek |
| II°degree | Chon-ji *→* Juche |
| III°degree | Chon-ji *→* Choi-yong |
| IV°-VI°degree | Chon-ji *→* Moon-moo |
| If there is only 1 competitor in a category, the organization will put classes together.In the event of a tie competitors will compete once more with a designated tul until the places are decided. |

SPARRING:

Separate classes for males & females; separate classes for kids (3-7y), youth (8-13y), juniors (14-17y), seniors (18-34y) & veterans (35y and above).

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| Duration: |
| Kids (3-7y) | Bout: 1 x 1 minuteFinal: 1 x 1 minute |
| Youth (8-13y) | Bout: 1 x 1,5 minuteFinal: 1 x 1,5 minute |
| Juniors, Seniors and Veterans (35y and above) | Bout: 1 x 2 minutesFinal: 2 x 2 minutes |

No contact for kids: evaluation of technical performance, sportivity, originality and perseverance.

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| Weight / height |
| Kids female & male | Open category TOGETHER |
| Junior female | -45kg, -50kg, -55kg, -60kg, -65kg, +65kg  |
| Junior male | -50kg, -56kg, -62kg, -68kg, -75kg, +75kg |
| Senior female | -50kg, -56kg, -62kg, -68kg, -75kg, +75kg |
| Senior male | -57kg, -63kg, -70kg, -78kg, -85kg, +85kg |
| Youth female | -120cm, -130cm, -140cm, -150cm, -160cm, -170cm, +170cm |
| Youth male | -120cm, -130cm, -140cm, -150cm, -160cm, -170cm, +170cm |
| Veteran female  | Open category |
| Veteran male | Open category |

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| Belts |
| 10°kup-7°kup |
| 6°kup-3°kup |
| 2°kup – IV°dan |
| If there is only 1 competitor in a category, the organization will put classes together. |

TEAM TUL:

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| Youth (**6**-13y) | Each team may consist of 3, 4 or 5 competitors, male/female/mixed; A maximum of 3 teams per school/category is accepted.  |
| Juniors/seniors/veterans | Each team may consist of 3, 4 or 5 competitors, male/female/mixed, junior/senior/mixed; A maximum of 3 teams per school/category is accepted. Separate classes for white-green belts, blue-black belts (if enough teams, otherwise the organization will put classes together). |

SPECIAL TECHNIQUES:

Separate classes for males & females; separate classes for youth (6-13y), juniors (14-17y) and seniors/veterans (18y and above). Coloured and black belts will compete together.

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| Special Technique  | Youth female height | Youth male height |
| Twymio yop cha jirugi | 90cm | 100cm |

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| Special Technique  | Junior female height | Junior male height | Senior female height | Senior maleheight |
| Twymio yop cha jirugi | 110cm | 130cm | 120cm | 140cm |

 *NB: not long jump, but high jump!*

Each competitor has sixty (60) seconds in order to pre-judge the distance once (no touching allowed) followed by the attempt to move the board.

An L-Stand forearm guarding block ready posture must be adopted before and after the attempt to move the board.

The four highest scores will set 1st, 2nd, and two (2) 3rd place winners.

In the event of a tie the Jury President will decide how high the jump will be. The tied competitors will then carry on until the places are decided.

POWER BREAKING:

Separate classes for males & females

separate classes for juniors (14-17) and seniors/veterans (18 and above)

Only for 4° kup and above!

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|    Power Breaking | Senior maleBoards | Senior femaleBoards | Junior MaleBoards | Junior FemaleBoards |
| Yopcha Jirugi | 2 | 1 | 2 | 1 |
| Sonkal taerigi | 2 | 1 | 1 | / |
| Dollyo chagi | (tie) / 2 | (tie) / 1 | (tie) / 1 | 1 |

Each competitor has fifty (50) seconds in order to pre-judge the distance once (touching allowed) followed by the attempt to break the board(s).
A forearm guarding block must be adopted before and after each attempt to break the board(s).

Each separated board will count as three (3) points and each bent board will count as one (1) point.

The four highest scores will set 1st, 2nd and two (2) 3rd place winners.

In the event of a tie the JP will decide on the number of boards and/or technique. The tied competitors will then carry on until the places are decided.

PRE-ARRANGED SPARRING:

Male/Female/Mixed Couples from 6° Kup on!

Separate classes for juniors (14-17) & seniors/veterans (if enough teams, otherwise the organization will put classes together).

A maximum of 3 teams per school will be allowed per age category.

The ITF-system will be used (KO-system).

Looking forward seeing you and your students on the next Kids, Youth, Juniors, Seniors & Veterans Belgian Championships.

Stefan Hendrickx, Hodori (organizing school) &

Tournament and Umpire Committee Belgium